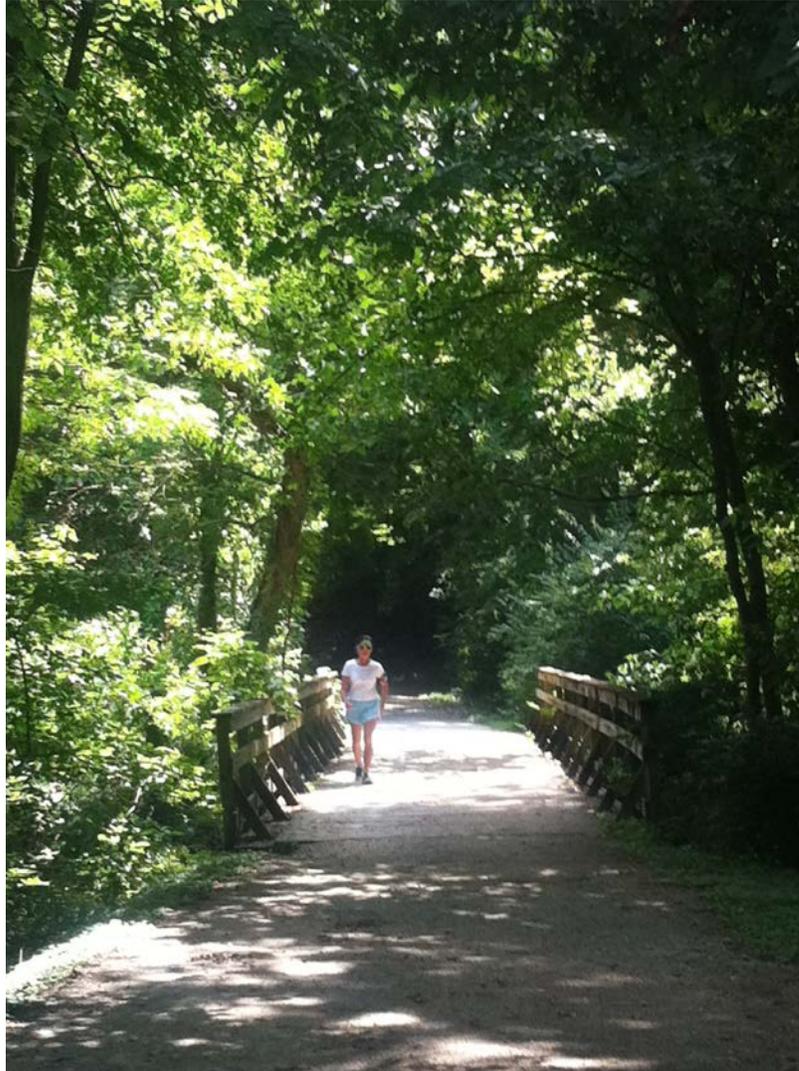




# Harry S Truman Memorial Veterans Hospital (Truman VA Medical Center) Psychology Postdoctoral Fellowship

## 2013-2014 Training Year



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**Truman Veterans Affairs Medical Center  
Psychology Postdoctoral Fellowship Program  
2013-2014 Training Year**

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# Postdoctoral Fellowship Brochure

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## **Fellowship Training Brochure** **2013 - 2014 Edition**

### **Introduction**

#### **Welcome to our Fellowship Program!**

The Truman VA Medical Center (Truman VA) Psychology Postdoctoral Fellowship Program values and welcomes the unique individual differences each Fellow brings to the program. There is an atmosphere of collegiality, and an attitude that what we learn from each other, enriches and strengthens us all.

The structure of the Truman VA Psychology Postdoctoral Fellowship Program follows the format of the substantive traditional practice area of Clinical Psychology, as defined by APA's Policy Statements and Implementing Regulations.

During the 2013-2014 training year, the Truman VA Psychology Postdoctoral Fellowship Program will provide training for two full-time Fellows in the traditional practice of Clinical Psychology

**We look forward to your application for admission!**

## Fellowship Overview

### Model of Training

The Postdoctoral Fellowship Training Program is committed to the **scientist-practitioner** model. It is the reciprocal process of empirically supported treatments informing clinical care, and clinical observation informing clinical research, that is essential to maintaining the vitality of psychology as a science and as a profession in the changing health care environment. The diversity of our patient populations requires that we have the skills, not only to adapt treatments to meet their unique clinical needs, but to demonstrate the effectiveness of those outcomes empirically. Our staff try to model the scientist-practitioner approach from the perspectives of training in evidenced based treatments, program outcome evaluation, and clinical research.

### Training Goals and Objectives

The overarching goal of the Truman VAMC Psychology Postdoctoral Fellowship Training program is to provide a comprehensive, integrated and flexible learning experience that produces independently functioning, competent, ethical, multi-culturally aware clinical psychologists, with advanced levels of training to make them competitive for entry level clinical and academic positions. To this end, there are six goals, designed to encompass the American Psychological Association's guideline for the six general competency areas to be addressed during Fellowship training.

Within the traditional practice area of Clinical Psychology, the Truman VA Psychology Postdoctoral Fellowship offers two areas of emphasis:

- 1). Assessment and Treatment of Veterans with Traumatic Brain Injury (TBI) and Post Traumatic Stress Disorder (PTSD); and
- 2). Evidenced Based Practice (EBP) and Recovery Programming for Veterans with Severe Mental Illness (SMI).

Both areas of emphasis share the same six competency goals, which cover those outlined by APA, listed below. Each area has additional objectives within those goals to reflect advanced skills in the chosen areas of emphasis.

- (a) *theories and effective methods of psychological assessment, diagnosis and interventions;*
- (b) *consultation, program evaluation, supervision and/or teaching;*
- (c) *strategies of scholarly inquiry;*

- (d) *organization, management and administration issues pertinent to psychological service delivery and practice, training, and research;*
- (e) *professional conduct; ethics and law; and other standards for providers of psychological services;*
- (f) *issues of cultural and individual diversity that are relevant to all of the above.*

**Goal #1: Expertise.** Fellowship training provides the knowledge, skills and experiences necessary to become an authority in clinical psychology as well as in the chosen area of emphasis.

**General (includes all Fellows) Objective(s) for Goal #1:**

- Fellows demonstrate advanced knowledge of diagnostic interviewing skills, including differential diagnosis, using DSM-IV-R; appropriately selects and interprets psychological tests, and integrates behavioral observations, historical data medical records and other non-test based information.
- Fellows demonstrate advanced psychotherapy skills in at least two areas of EBT. Opportunities include: Cognitive Behavior Therapy (CBT), Cognitive Processing Therapy (CPT), Prolonged Exposure Therapy (PE); Acceptance and Commitment Therapy (ACT), Dialectical Behavioral Therapy (DBT); or Social Skills Training.
- Fellows demonstrate skills in establishing and maintaining a therapeutic alliance with complex patients, recognizing and responding appropriately to patient crises, while maintaining therapeutic boundaries

**Emphasis Area Specific (TBI/ PTSD area Fellow) Objective(s) for Goal #1:**

- Fellow proficiently administers and interprets the CAPS, PCL-M, & Trauma Exposure Scale and writes integrated reports, with test data, for use by the treatment team and other medical professionals
- Fellow proficiently selects and interprets appropriate neuropsychological testing and other psychological testing to evaluate patterns of cognitive deficits in general, including those consistent with the presence of TBI and the potential cognitive effects of PTSD and writes integrated reports.
- Fellow demonstrates proficiency in implementing "best practices" (Holistic Rehabilitation) in Multi-disciplinary group format with Speech Pathology and Occupational Therapy

**Emphasis Area Specific (EBP/ SMI area Fellow) Objective(s) for Goal #1:**

- Fellow proficiently administers and interprets recovery oriented assessments including Quality of Life Measurement, Quantitative Community Integration Questionnaires, SNAP (Skills/Needs/Abilities/Preferences) Assessments and uses questionnaires/ interview to proficiently coach and guide Veteran in the establishment of a Personal Recovery Plan.

**General (includes all Fellows) Competencies Expected:**

- Expertise in psychological assessment
- Expertise in at least two forms of psychotherapy considered to be Evidenced Based Treatment
- Expertise in establishing therapeutic alliance with complex patients

**Emphasis Area Specific Competencies Expected:**

- Expertise in neuropsychological assessment (**TBI/PTSD area Fellow**)
- Expertise in Recovery Oriented Assessment for patients with SMI (**EBT/SMI area Fellow**)

**Goal 2: Teaching and Supervision.****General (includes all Fellows) Objective(s) for Goal #2:**

- Fellows will provide at least 1 lecture for the internship didactic series.
- Fellows will present/organize one 4 hour workshop on a chosen aspect of diversity, to be offered campus wide for Continuing Education credits for psychologists.
- Fellows will participate in Post Doctoral Didactics, which cover theories of supervision
- Fellows will supervise a practicum student in either clinical assessment, group or individual therapy, or clinical research, as available

**General (includes all Fellows) Competencies Expected:**

- Independent organization of didactic seminars to disseminate advanced clinical knowledge
- Integrates "best practices of supervision" in relation to interns and practicum students

**Goal 3: Professionalism.****General (includes all Fellows) Objective(s) for Goal #3:**

- Fellows consolidate their sense of professional identity, demonstrate awareness of professional issues and independently prepare for/complete states licensing process for autonomous functioning upon completion of Fellowship.
- Fellows demonstrate effective working relationships (e.g. Treatment Teams, peers, supervisors) across settings and seek consultation independently at level appropriate for junior faculty.
- Fellows take initiative in ensuring that key clinical tasks are completed and maintains timely records that consistently include essential information involving patient care.
- Fellows demonstrate independent, effective time management skills regarding appointments, meetings, and leave requests.
- Fellows appropriately seek supervision, at the level of a junior faculty member, and uses it appropriately

**General (includes all Fellows) Competencies Expected:**

- Professional autonomy
- Professional interpersonal functioning across settings
- Professional documentation
- Professional time management
- Professional approach to Supervision

**Goal 4: Scientific Inquiry.****General (includes all Fellows) Objective(s) for Goal #4:**

- Fellows participate in additional learning experiences designed to develop specific competencies in scientific inquiry (Journal Club; Research Mentor Program)
- Fellows demonstrate a conceptual approach consistent with the scientist-practitioner model, wherein empirically informed knowledge informs psychological assessments and interventions, and questions arising from clinical practice drive clinical research and program evaluation
- Fellows participate in clinical research or program evaluation project in their respective areas of emphasis.

**General (includes all Fellows) Competencies Expected:**

- Independent pursuit of scientific learning experiences
- Scientist-practitioner model orientation
- Participation in clinical research or program evaluation

**Goal 5: Cultural Competence.****General (includes all Fellows) Objective(s) for Goal #5:**

- a. Fellows will participate in activities to increase knowledge regarding issues of individual and cultural diversity.
- b. Fellows will demonstrate awareness of cultural competence issues in application to assessment and therapeutic intervention.
- c. Fellows will demonstrate initiative in the dissemination of cultural competence through teaching or participating in diversity related program development.

**General (includes all Fellows) Competencies Expected:**

- a. Autonomous pursuit of knowledge regarding individual and cultural diversity
- b. Spontaneous demonstration of integration of knowledge of individual and cultural diversity and application of this knowledge to assessment and therapeutic interventions.
- c. Competence in dissemination of cultural competence through teaching or participating in diversity related program development.

**Goal 6: Ethical Standards Integration:**

**General (includes all Fellows) Objective(s) for Goal # 6:**

- Fellows will demonstrate a working knowledge of APA's Ethical Guidelines for Psychologists and state law and integrate with patient care, seeking consultation as appropriate.

**General (includes all fellows) Competencies Expected:**

- Integration of knowledge of APA Ethical Guidelines and state law into routine patient care

## Organization of the Fellowship

The Truman VA Fellowship includes clinical, research, and educational components described below. There is a fair degree of flexibility in how Fellows design their training experience to be consistent with their interests and training needs. Fellows are encouraged to develop their training plan with the supervisors from their respective area of emphasis. Further, the Fellows benefit from opportunities for collegial learning and collaboration.

### Clinical Training

The Fellowship's clinical experience is organized longitudinally, based on a Continuity of Care Model, which allows it to optimize the cumulative effects of learning experiences across the training year. Unlike our site's internship program, where trainees complete serial rotations of 4 months, Fellows are able to acquire new skills, such as learning a new EBT, in manner graduated in complexity across the full year. Most EBTs (CPT, ACT) run in cycles of 12-16 weekly sessions. Fellows are provided with readings to prepare them for learning the new therapy. They begin by taking a primarily observing role as a co-facilitator with licensed staff for the first 3-4 month EBT group. In the second 3-4 month experience with the EBT group, the Fellow takes the active role as the primary facilitator of the group, while the supervisor takes the observing role as a co-facilitator, to determine the Fellow's readiness to run the third 3-4 month EBT group independently. It is expected that Fellows will be able to lead the group independently during the final 3-4 months of their training year, with supervision occurring through discussion as needed.

Fellows are assigned to serve as the "Behavioral Health Primary Care Provider" for patients entering the system, and clinical cases are followed across the Fellowship year. Each clinical case involves the three core clinical competencies of: Assessment, Treatment and Consultation. The Fellow performs the initial assessment, develops a treatment plan and provides psychotherapy services as indicated, in addition to providing consultation regarding that patient to the multidisciplinary Behavioral Health team to which the patient is assigned. If the type of assessment is relatively new to the Fellow (e.g. Neuropsychological evaluation, CAPs assessment for PTSD or a recovery based assessment for an individual with SMI), the Fellow sits in with the supervisor, who models the type of assessment being taught. Cases are assigned with graduated levels of complexity, as mastery evolves over the course of the training year. The rate at which case complexity is assigned depends on the Fellow. It is expected that by the end of the training year, the Fellow will be functioning with relative autonomy, with supervision as needed during the regularly scheduled time. Similarly graduated exposure occurs as the Fellow provides consultation with medical staff involved with the patient's physical health care, where the Fellow serves as the Behavioral Health expert.

**General Clinical Experiences:** Fellows are provided access to a full spectrum of clinical populations through their participation in:

- **Compensation & Pension (C&P) Evaluations**—(2 hours/week for a 6 month rotation) Fellows will be trained to perform comprehensive psychological evaluations, integrating clinical interview and psychological testing, to determine the appropriate DSM-IV-R diagnoses, the severity of mental health problems, and opine about what (if any) aspects of these problems may have been caused or exacerbated by the patient's military experiences. Fellows will perform 1 two hour C&P evaluation per week. These cases are assessment only.
- **Bimonthly Evidenced Based Treatment (EBT) Staff Peer Supervision**--led by the staff psychologist who serves as the Truman VAMC EBT Coordinator, where Fellows have access to the staff processing their EBT therapy cases, as well as having the opportunity to raise issues of their own.
- **Continuity of Care Model of Service Provision**--Fellows have direct experience with the full array of psychology services available, from:
  - ✓ Working longitudinally with 2-4 inpatients admitted to the Acute Psychiatric Care Unit (APCU), then seeing those patients for intensive individual therapy, monitoring those patients' progress through various outpatient groups, making appropriate referrals for others services, and helping patients integrate their experiences over the course of changes in relationship or health status.
  - ✓ Working with the co-morbidities of complex patients, involves Fellows working with other Behavioral Health (BH) treatment teams, such as the Addiction Treatment Program, serving as the expert on the mental health of that patient in Treatment Team meetings to develop individualized treatment plans.

### **TBI/PTSD Emphasis Clinical Experience**

Fellows choosing TBI/PTSD as an emphasis area also receive advanced training experience in the following areas:

- Assessment and treatment of PTSD, which provides the opportunity to function as part of an interdisciplinary outpatient team including PTSD psychologists, psychiatrists, and social workers. The team provides care for veterans with PTSD from military, non-military, and sexual trauma. In terms of assessment, proficiently administers and interprets the CAPS, PCL, & Trauma Exposure Scale and writes integrated reports, with test data, for use by the treatment team and other medical professionals. In terms of the treatment of PTSD, the Fellow will have the opportunity to learn a variety of evidenced based interventions, including: Cognitive Processing Therapy (CPT) and Prolonged Exposure Therapy (PE).
- Selection and interpretation of appropriate neuropsychological testing and other psychological testing to evaluate patterns of cognitive deficits in the population of medical patients referred for evaluation and differential

diagnosis, including but not limited to those who present with a history of TBI and/or the potential cognitive effects of PTSD. The Fellow learns to write integrated reports, with practical treatment recommendations to assist family and health professionals involved in the patients care. In cases with a diagnosis of PTSD, TBI or Co-morbid TBI and PTSD, the Fellow will have the opportunity to follow patients to provide interventions, as case load permits.

- Consultation with three multi-disciplinary treatment teams through which Veterans with TBI enter the system or are referred:
  - ✓ **The OEF/OIF Seamless Transition Team**, staffed by physicians, social workers and psychologists working with Veterans returning from the wars in Iraq and Afghanistan to identify each Veteran's unique psychosocial needs as they transition back to civilian life.
  - ✓ **The Behavioral Medicine and Neuropsychology Team**, staffed by psychologists, a psychiatrist, and advanced practice nurses to provide assessment and psychological services to various medical populations, including (but not limited to) Veterans with TBI.
  - ✓ **The Poly-Trauma Clinic**, staffed by physiatrists (i.e., Physical Medicine & Rehabilitation physicians), medical residents, and psychologists to identify the psychosocial needs of Veterans with TBI and other disabilities.
- Co-facilitation of a 10 week, Multi-disciplinary TBI Rehabilitation Group, staffed by a Rehabilitation Psychologist, a Ph.D. Speech Pathologist, and the Director of Occupational Therapy Services. Opportunities to co-facilitate Acceptance and Commitment Therapy (ACT) groups, as well as use of CPT are also available to Fellows in the TBI/PTSD area of emphasis.

### **EBP/SMI Emphasis Clinical Experience**

Fellows choosing EBP/SMI as an emphasis area also receive advanced training experience in the following areas:

- Administration and interpretation of recovery oriented assessments including Quality of Life Measurement, Quantitative Community Integration Questionnaires, SNAP (Skills/Needs/Abilities/Preferences) Assessments and how to use the results of these questionnaires, along with the clinical interview to proficiently coach and guide Veterans in the establishment of a Personal Recovery Plan.
- Implementation of empirically supported treatments for SMI (e.g., Seeking Safety, Acceptance and Commitment Therapy, Dialectical Behavioral Therapy, Cognitively-Based Mindfulness Therapy) through directed readings, and supervisory modeling through co-facilitation of groups.
- Following 2-4 cases long term through the training year, beginning with admission to the Acute Psychiatric Care Unit (APCU), in order to have the opportunity to guide Veterans on their journey through all aspects (as appropriate) of recovery-oriented rehabilitation services.

The training for the EBP/SMI Fellow will take place primarily in three sites:

- **The Acute Psychiatric Care Unit (APCU)**, which is a 12-bed inpatient unit, where two staff psychologists and an intern serve as Primary Behavioral Health Providers and as members of a multidisciplinary treatment team. Psychology staff model active participation on the multidisciplinary treatment team, which is comprised of Psychiatrists, Psychiatry Residents, nursing staff, and social workers. Diagnoses include Major Depressive Disorders, Bipolar Disorders, Anxiety disorders, Schizophrenia, Psychotic Disorders, NOS, Post-Traumatic Stress Disorder, Personality Disorders, and co-morbid psychiatric disorders.
- **Psychiatric Rehabilitation and Recovery Center (PRRC)**, Coordinated by Tiffany Sanford-Martens, Ph.D. The CARF accredited PRRC is a transitional psychosocial rehabilitation and recovery center. The PRRC assists veterans with serious mental health challenges, (defined as having psychosis as one of their diagnoses and a GAF of below 50), to reclaim their lives by instilling hope, validating **strengths**, teaching life skills, and facilitating community integration. PRP programming seeks to reduce apathy; assist veterans with defining a personal mission and vision for their lives; assist veterans with setting goals and organizing their lives to achieve them; offer support to provide "stepping stone" into the community; and facilitate the development of natural community supports.
- **Behavioral Health Recovery Team (formerly Major Mental Disorders) Outpatient Clinic**, which provides outpatient treatment to Veterans with GAF scores of 50 or above, with diagnoses which include Major Depressive Disorders, Bipolar Disorders, Anxiety disorders, Schizophrenia, Psychotic Disorders, NOS, Post-Traumatic Stress Disorder, Personality Disorders, and co-morbid psychiatric disorders.

The primary role of the Postdoctoral Fellow in all three settings will be to 1) work with the Behavioral Recovery –formerly Major Mental Disorders--Psychology Team Leader to expand provision of recovery oriented, group format EBTs on the APCU; and 2) educate Psychology Interns, Psychiatric Residents, and other Mental Health professionals about the value of patient-centered, recovery oriented services, and how these services can ultimately enhance Veterans' community integration and reduce use of acute psychiatry inpatient services.

## Research Training

While fellows vary in the degree to which they wish to become involved with research, the Fellowship integrates science and practice through a self-directed literature review in the Fellow's area of interest. The scientist-practitioner orientation of the Fellowship supervisors, makes the empirical basis of therapy and potential clinical research questions part of the collegial dialogue of supervision and other informal interactions. The research requirement is flexible and designed to meet Fellows' training needs, and may occupy up to 25% of the Fellow's week (10 hours) with a minimum of 4 hours per week of the Fellow's time. To meet the research requirement, Fellows may: collaborate with VA or University of Missouri-Columbia (UMC) faculty on ongoing research (please refer to list of potential UMC Research Mentors under Fellowship Faculty), collaborate with faculty on a program evaluation project, or design and implement an independent research project under the mentoring of a faculty member. Fellows are encouraged to present their work in a local, regional, and/or national educational setting, or submit work for publication as appropriate.

### TBI/PTSD Emphasis Research Opportunities

The Fellowship offers three basic types of research opportunities:

- **Outcome Evaluation of Clinical Interventions**—Examples might include looking at changes in functional outcomes from the Multi-disciplinary TBI Rehabilitation Group, comparing the effectiveness of CPT based on the presence or absence of participation in pre-therapy group intervention to increase readiness for therapy or using a single subject design to evaluate changes to a treatment protocol for a Veteran with co-morbid TBI and PTSD.
- **Collaboration with VA faculty on IRB approved Research on Clinical Outcomes** – Examples might include comparing the effectiveness of standard CPT for Veterans with co-morbid TBI and PTSD vs those with PTSD only or developing a prospective comparison of standard CPT vs a CPT protocol modified for person with mild TBI.
- **Collaboration with UMC faculty on IRB approved Research on Clinical Outcomes**—Examples might include collaborating with UMC faculty with established research on alcohol abuse to examine applications for Veterans with co-morbid PTSD and substance abuse.

### EBP/SMI Emphasis Research Opportunities

The Fellowship offers three basic types of research opportunities:

- **Program Evaluation of the PRRC**—Fellows will work with EBP/SMI supervisors to identify ways to expand the current database to address various aspects of the extensive programming available through the PRRC.

- **Program Evaluation of other Psychiatric Rehabilitation Programming--** Fellows will work with EBP/SMI supervisors to consult with other recovery focused disciplines to develop systems of program evaluation for any of the following:
  - ✓ **Health Care for Homeless Veterans Program (HCHV)** helps homeless Veterans gain stability through case management services and contracted shelter;
  - ✓ **Compensated Work Therapy Transitional Residence (PRRTP CWT/TR)** is an eight bed, psychosocial, residential treatment program offering a therapeutic residential setting for Veterans who are homeless and involved in the CWT program.
  - ✓ **Grant & Per Diem Program (GPD)** is operated by Phoenix Programs, Inc. and provides transitional housing and supportive services for Veterans that have co-occurring disorders. They lease four apartments in the community providing a total of 9 beds for Veterans with a maximum stay up to 2 years;
  - ✓ **Housing and Urban Development-Veterans Affairs Supported Housing (HUD-VASH)** allows homeless Veterans the opportunity to secure long-term, independent housing.
- **Collaboration with UMC faculty on IRB approved Research on Clinical Outcomes**—Examples might include collaborating with UMC faculty with established research on Schizophrenia to examine applications for imaging studies pre-post PRRC vs traditional management.

## Professional Development and Education

The Truman VAMC Fellowship's educational component for the 2013-14 year will be comprised of three parts:

**Required Didactics** include:

- A bimonthly **Postdoctoral Professional Issues Didactic**, which is coordinated by the former Training Director of the Missouri Health Sciences Internship Consortium, who has particular interest and expertise in training and supervision. It will address professional issues that arise for Fellows across the training year, and cover such topics as:
  - Multicultural Competence in the Provision of Psychological Services
  - Models of Providing Supervision
  - Competencies in Providing Supervision
  - Common Issues for New Supervisors
  - Ethical Issues in Providing Supervision
  - Ethical Issues in Individual and Couples Psychotherapy
  - Ethical Issues in Group Psychotherapy
  - Ethical Issues associated with Social Media and Internet
  - Preparing for State Licensing Exam
  - Goodness of Fit: Finding the first job
  - ABPP: Everything you wanted to know but were afraid to ask

The Truman VAMC Psychology Diversity Committee will offer three **Clinically Focused Diversity Workshops**, where Fellows, who will serve on the Truman VAMC Psychology Diversity Committee, will collaborate with a faculty member to develop at least one, half-day, interactive, educational experience, combining presentations on selected readings, and interactions with a panel of discussants, including members of the community, (as available), who are the focus of the workshop. Topics will focus on potential cultural barriers to therapy and potential therapeutic approaches to those barriers among:

- Latino -Americans
  - African-Americans
  - Persons from Lower SES
  - Persons with Physical Disabilities
  - Other under-represented populations
- Quarterly **Psychology Grand Rounds**, which, during past years, have included such topic as:
    - Cognitive Processing Therapy: New Developments in Research; Presenter: Tara Galovski, Ph.D.
    - Motivational Interviewing-based Strategies for Health Behavior Change; Presenter Matthew Martens, Ph.D.
    - Measuring Clinical Outcomes; Presenter: Chuck Callahan, Ph.D., ABPP

- **Monthly VA Psychology Journal Club**, which, during previous years, included such topic as:
  - EBP and Multicultural Therapy; (Hays, 2009)
  - Exploring the Recovery Process for people with SMI; (Buckley-Walker & Crowe, 2010)
  - Psychotherapy Termination; (Vasquez, Bingham, & Barnett, 2008)
  - Promoting Better Health among African Americans; (Lumpkins, Bae, & Cameron, 2010)

**Elective Didactic experiences** include:

- Weekly Psychiatry Grand Rounds
- Biweekly Neuropsychology Case Conferences, through the UMC, Department of Health and Neuropsychology
- Monthly seminars through the UMC, Department of Psychology

**Other Educational Experiences:**

The depth of the Fellows' clinical experiences can be enhanced by an array of choices which can be used to meet the 2 hours per week of non-supervised learning experiences. With the Training Director's approval, these experiences can be put together in flexible ways to create an individualized training plan and can include, but are not limited to:

- Weekly brain cuttings through the University of Missouri School of Medicine, Department of Pathology
- Neurology "Shadow" Practicum
- Attending local monthly support meeting for the National Alliance for the Mentally Ill (NAMI).
- Assisting in the administration of the Clinical Peer Review process
- Diversity enhancing experiences, sponsored by the University of Missouri-Columbia (UMC), including:
  - ✓ The Annual Cambio de Colores Conference—to facilitate the transition of Latinos of various backgrounds to living in the mid-west
  - ✓ Monthly meetings of the UMC LGBT support group
  - ✓ The Annual February Black History Keynote Speakers or "Difficult Dialogues" Brown Bags at the MU Black Culture Center

## Administrative Policies and Procedures

### Hours, Stipend, and Benefits

- All Fellows receive a full stipend – no Fellow is accepted on a Without Compensation (WOC) status.
- All Fellows are admitted into the full-time training programs (September 1 through August 31).
- The Postdoctoral Fellowship requires that Clinical Psychology Fellows must complete 2080 training hours annually, 30% of which need to be in direct clinical care, for satisfactory completion of the program.
- The stipend for a first year postdoctoral fellow is \$42,239 before taxes.
- Fellows are eligible for health insurance at a reduced cost.

### Time Breakout of Weekly Activities

Based on a 40-hour work week, the average amount of time (in hours) spent in various activities during postdoctoral training is as follows:

- An average of 14 hours per week is spent in direct service to patients (i.e., assessment, feedback, individual therapy, group therapy etc.)
- An average of 8 hours per week are spent in support of direct patient care (i.e., chart review, writing progress notes or reports, analysis and scoring of assessment data, etc.)
- An average of 4 hours per week are spent in supervision, at least two hours of which will be individual supervision.
- An average of 8 hours per week are spent in activities of scholarly inquiry/research.  approximately 4 hours of these activities. This consists of time spent in team meetings, case conferences, and didactic activities.
- Benefits include 10 paid holidays, 13 days of annual leave and, if needed, 13 days of sick leave. Upon completion of the year of training, Fellows are eligible to enter Federal Service at the grade of GS-12.

### Statement of Nondiscrimination

The Truman VAMC Postdoctoral Fellowship Training Program is committed to a policy of nondiscrimination on the basis of race, sex, age, religion, color, national origin, disability status or sexual orientation. Veterans and persons of diverse backgrounds, including those representing traditionally underserved populations, are strongly encouraged to apply.

## **Requirement for Completion**

To successfully complete the Truman VA Psychology Fellowship, Fellows are required to participate in training opportunities for a minimum of 2080 hours. Fellows are expected to achieve ratings of at least "High Intermediate Skills", with 80% of items rated at Advanced Skills or higher, by the end of the training year. This allows for some variability with respect to training in areas in which they have considerable past experience and well as new areas, in which they may have little or no experience. Fellows are expected to complete a research project during the course of their Fellowship year. The project can range from evaluation of a Behavioral Health treatment program for clinical decision making for performance improvement, to piloting methodologies to demonstrate clinical outcomes for individual patients, to active collaboration with ongoing clinical research, to developing an independent research project. Fellows are expected to abide by the APA Guidelines for Ethical Behaviors and Standards for Providers of Psychological Services and the Ethical Principles of Psychologists and relevant Missouri Rules and Laws.

## **Review and Remediation Procedures**

### **Evaluation Methods**

Postdoctoral Fellows receive formal written evaluation of their progress by each supervisor on at 4, 8 and 12 months. Fellows provide written evaluations of their training supervisors on the same schedule. Informal discussion about the Fellowship Training Program happens throughout the year with the Training Director. Formal written evaluations of the Fellowship Training Program are provided on an annual basis. Evaluation methods are explained in detail in the Postdoctoral Fellowship Handbook that Fellows receive upon arrival.

### **Due Process Policy**

In the event of a grievance around the evaluation process, the Fellowship Program has a due process policy that outlines both remediation procedures and procedures for Fellows to follow if they have a concern about the review process. The Due Process Policy is incorporated within "Remediation Procedures" that are detailed in the Postdoctoral Fellowship Handbook.

## **Training Environment**

**Truman VAMC** <http://www.columbia-mo.va.gov/>

The Truman VAMC is a full service medical center that provides inpatient and outpatient care to a diverse range of eligible veterans from mid Missouri in the areas of medicine, surgery, behavioral health, neurology and physical medicine and rehabilitation. Approximately 15,000 individual veterans receive health care

services at Truman VAMC, and on an average during a year 7,500 individuals receive inpatient treatment. More than 84,000 outpatient visits occur each year.

The Truman VAMC's strong commitment to training can be seen in its development of the Psychology Postdoctoral Fellowship in 2007, its longstanding, (over 25 years) as an APA approved psychology internship program, psychology graduate level practicum opportunities, graduate level social work practicum opportunities, as well as medical residency programs in anesthesiology, internal medicine, orthopedics, pathology, psychiatry, rehabilitation medicine, and surgery at the Truman VAMC.

The University of Missouri-School of Medicine is conveniently located across the street from Truman VAMC and is connected by an underground tunnel. This allows for easy access to elective didactic experiences, including weekly Psychiatry Grand Rounds and the Pathology Department's weekly Brain Cuttings. The nationally recognized University of Missouri's Department of Psychology and the more recently established Department of Health and Neuropsychology are a 5-10 minute walk from the Truman VAMC, through the lovely UMC campus. A number of distinguished psychology researchers from UMC have agreed to serve as mentors for Truman VAMC Fellows, who are interested in pursuing individual or collaborative research projects. (Please see Research Mentors List).

Effective September 1, 2011, psychologist, Karen Smarr, Ph.D., Truman VAMC Research Compliance Officer, joined the Truman VA Psychology Postdoctoral Fellowship Program Training Committee to serve as our site Research Consultant. Dr. Smarr will oversee Fellows' early completion of VA Research Requirements to facilitate participate in established IRB approved research or to consult on projects of the Fellow's own design, to provide feedback and guidance in developing a research product that it can be realistically completed within the Fellowship year, with consultation and guidance to facilitate completion of the research project over the course of the fellowship year.

The medical library at the Truman VAMC subscribes to major psychology journals, has a national borrowing agreement with other libraries and provides computerized literature searches, and is supported by the medical library of the University of Missouri.

The Behavioral Health Service Line (BHSL), directed by Dr. Cheryl Hemme, consists of psychologists, psychology technicians, social workers, psychiatrists, nurses, rehabilitation specialists and vocational rehabilitation programs. The sixteen psychologists of the BHSL have interests in emotional health and illness, behavioral medicine, posttraumatic stress disorder, addictions, crisis intervention, geropsychology, pain management, neuropsychology, rehabilitation psychology, and research. Two staff psychologists are board certified (Rehabilitation Psychology; Health Psychology) and others are board eligible in Clinical Neuropsychology and Rehabilitation Psychology. Psychometricians administer,

on request, a wide variety of psychological instruments, including both personality and cognitive batteries in the Psychology Laboratory.

Fellows experience the responsibility of serving as Primary Behavioral Health Providers in the context of integrated behavioral health care. They develop the collaborative strategies and professional confidence working shoulder to shoulder with other disciplines within the medically oriented primary care environment. At Truman VAMC, Fellows work with a diverse population, including both men and women consumers, from both rural and urban backgrounds, and from low-to middle- income status, and with a wide range of medical and emotional disabilities. A wide variety of consumers travel to this Truman VAMC from the entire state of Missouri to request services.

## Living Environment

The Truman VAMC is located in Columbia, Missouri, (population 100,000), a picturesque, college town with all the benefits of having a large university, in addition to two other colleges, within the city limits. The vibrant downtown district offers a variety of interesting local coffee shops, ethnic and novel cuisine restaurants, with outdoor cafes, in addition to shops, art galleries and bookstores. In 2006, *Money* magazine ranked Columbia in the top 100 "best places to live" and *Forbes* magazine ranked Columbia at #16 in "best small places for business." *Outside* magazine recently (July 2008) ranked Columbia, MO at #10 "best places". Columbia also boasts the best hamburgers (Booches), best coffee spot (Lakota), and it's popular Shakespeare's Pizza, was featured on Good Morning America, November 20, 2010 as one of the 4 best college eateries in the nation. Located halfway between St. Louis and Kansas City, Columbia has invested heavily in its extensive parks and hiking/biking (MKT) trail systems, through largely wooded areas, which connects Columbia to quaint towns along the Missouri river, with its breathtaking bluff views. Home to film festivals (True/False) art fairs and music festivals (Roots & Blues), local venues (The Blue Note; We Always Swing Jazz Series) regularly bring national recognized musicians to Columbia. The University of Missouri offers everything from classical music, to modern dance troops, and theatre to the predominantly youthful Columbia community (nearly 30% of the town's population is between 25-44). For those interested in regular workouts, state-of-the-art facilities are available through the University's fabulous (has its own indoor rock climbing wall) Recreation Center, (recognized by *Sports Illustrated* the best college rec center in the nation) as well as through the city's lovely, family friendly ARC recreation center. Sports fans are likely already familiar to UMC Tiger football and basketball. Both the University of Missouri and the city of Columbia are architecturally accessible. There is a large international community in Columbia and the Latino and African-American populations continue to grow (91% growth rate and 34% growth rate, respectively from available statistics from the 2000 Census). Columbia's support for the LGBT community is evident from the success of its Annual Gay Pride Festival and The Center Project. The low cost

of living and the high quality of life make Columbia a place that faculty from urban, rural and geographically diverse areas enjoy calling home.

## Getting to Columbia

While there is a regional airport located in Columbia, flight selection is somewhat limited. Columbia is situated roughly 2 hours drive either direction from major metropolitan airports in St. Louis (**STL**) or Kansas City (**MCI**), with convenient, ground shuttle service between the two airports and Columbia.

## Easy Day-trip Destinations

**Kansas City (KC)** is the largest city in Missouri, situated at the confluence of the Kansas and Missouri rivers. With over 200 fountains, the city claims to have the second most in the world, just behind Rome. Hence, KC is officially nicknamed the *City of Fountains*. The city also has more boulevards than any city except Paris and has been called "Paris of the Plains". KC is home to multiple museums, galleries, and major league sports teams. It is also well known for its contributions to cuisine (Kansas City-style barbecue) as well as to the musical styles of jazz and blues. Kansas City jazz in the 1930s marked the transition from big bands to the bebop influence of the 1940s. Today, the annual "Kansas City Blues and Jazz Festival", attracts top jazz stars nationwide and large out-of-town audiences. Other, perhaps, less well known aspects of KC culture include the Kansas City Ballet, founded in 1957 by Tatiana Dokoudovska, and which later combined with Dance St. Louis to form the State Ballet of Missouri, although it remained located in Kansas City. Today, the Ballet offers an annual repertory split into three seasons which ranges from classical to contemporary ballets. KC is also home to The Kansas City Chorale, a professional 24-voice chorus, which has achieved international renown with 9 recordings. The Nelson-Atkins is internationally recognized as one of the finest general art museums in the US, with a permanent collection of 33,500 works. KC is also home to the Kemper Museum of Contemporary Art as well as the noted art school, the Kansas City Art Institute.

**St. Louis**, situated near the confluence of the Missouri and the Mississippi Rivers, lies at the heart of Greater St. Louis, a metropolitan area of nearly three million people in Missouri and Illinois. Greater St. Louis is an academic and corporate center for the biomedical sciences; St. Louis University and Washington University in St. Louis are the leading research institutions. Also home to major league sports teams, a world class zoo, and spectacular children's' museums (Magic House; The City Museum; and the St. Louis Science Museum), St. Louis is also another metropolitan center of culture. The world-renowned Saint Louis Symphony Orchestra, founded in 1880, is the second-oldest U.S. orchestra. Under Conductor Laureate, Leonard Slatkin, the orchestra has received six Grammy Awards and fifty-six nominations. The Opera Theatre of Saint Louis is an annual summer festival of opera performed in

English. The Union Avenue Opera, performs opera in their original languages. Renovation of the Kiel Opera House is underway. Other classical music groups include the Arianna String Quartet, the quartet-in-residence at the University of Missouri–St. Louis, the Saint Louis Chamber Chorus. St. Louis has long been associated with great ragtime, jazz and blues music. Early rock and roll singer/guitarist Chuck Berry is a native St. Louisan who still performs there several times a year. Soul music artists Ike Turner and Tina Turner, Fontella Bass, and jazz innovator Miles Davis began their careers in St. Louis or on the 'East Side' (East St. Louis, Illinois). The theater district of St. Louis is in midtown's Grand Center, St. Louis, is undergoing major redevelopment. The district includes the Fox Theatre, one of the largest live Broadway theaters in the United States; the Powell Symphony Hall; the Saint Louis University Museum of Art; the Museum of Contemporary Religious Art; The Sun Theater (also under redevelopment); The St Louis Black Repertory Theater Company; the Contemporary Art Museum Saint Louis; the Pulitzer Foundation for the Arts; the Sheldon Concert Hall; and the Grandel Theatre. The Muny (Municipal Opera Association of St. Louis) is an outdoor amphitheater located in Forest Park. It seats about 11,000 people, and its charter reserves 1,500 seats at the top of the amphitheater are free on a first-come-first-serve basis. Last, but not least is the Saint Louis Art Museum, also one of the nation's leading comprehensive art museums with collections that include works of art of exceptional quality from virtually every culture and time period. Areas of notable depth include Oceanic art, pre-Columbian art, ancient Chinese bronzes, and European and American art of the late 19th and 20th centuries, with particular strength in 20th-century German art.

### **Lake of the Ozarks**

The **Lake of the Ozarks**, approximately 90 minutes drive from Columbia, is one of the largest recreational lakes in the mid-west. Created by damming the Osage River in the northern part of the Ozarks in central Missouri, the lake surface covers 55,000 acres, with over 1,150 miles of shoreline. A vacation heaven for boating, fishing and swimming, "the Lake" is also home to Party Cove, a rowdy gathering spot that a travel writer for *The New York Times* called the "oldest established permanent floating bacchanal in the country." In contrast, Lake of the Ozarks State Park's thousands of wooded acres have 12 trails that wind through the park, providing quiet places to hike, mountain bike, or enjoy the lake away from the hustle and bustle of the more dense tourist areas. Caves are common geologic features in areas like the Ozarks. The protected environment of the Ozark Caverns offers a journey through geologic processes that have proceeded unhindered for thousands of years, leaving formations such as soda straws, helictites, stalagmites and Angel Showers, an unusual cave phenomenon, where a never-ending shower of water seems to come out of the solid ceiling of rock. Four species of salamanders, four species of bats, and 16 species of invertebrates live in Ozark Caverns, and are sometimes visible to visitors.

**Visitor Bureau** [www.visitcolumbiamo.com](http://www.visitcolumbiamo.com)  
**Chamber of Commerce** [www.chamber.Columbia.mo.us](http://www.chamber.Columbia.mo.us)  
**Missouri State Parks** [www.mostateparks.com](http://www.mostateparks.com)  
**State Historical Society** [www.system.missouri.edu/shs](http://www.system.missouri.edu/shs)  
**Concert Series** [www.kbia.org](http://www.kbia.org)  
**University of Missouri** [www.missouri.edu](http://www.missouri.edu)

## **APA Accreditation Status**

The Truman VA Psychology Postdoctoral Fellowship Training Program is not yet accredited by APA. Our program's APA for Site Visit occurred in September 2012. We anticipate a decision on accreditation after the April 2013 meeting of the APA Commission on Accreditation.

The Office of Program Consultation and Accreditation of the American Psychological Association can be reached at:

Telephone: 202-336-5979  
Fax: 202-336-5978.

The office of Program Consultation and Accreditation can be reached online at: [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation)

## **Application and Selection Procedures**

### **Eligibility for Application**

Applicants for postdoctoral fellowships must be graduates of APA-accredited doctoral programs in Clinical or Counseling Psychology and must have completed APA-accredited internships. All requirements for the doctoral degree, including dissertation defense, must be completed prior to the start of the fellowship year. Applicants must be US citizens. As an equal opportunity training program, the fellowship welcomes and strongly encourages applications from all qualified candidates, regardless of gender, racial, ethnic, sexual orientation, disability, or other minority status.

### **Selection Process**

All applications are reviewed for eligibility after all materials are received. Applications are distributed to directors of each area of emphasis (e.g., TBI/PTSD and EBP/SMI) where they are reviewed and evaluated by supervising faculty in each emphasis area. Telephone or in-person interviews are offered to top candidates. Applicants are extended offers based on their written application materials and interview presentation.

Please note that the Uniformed Notification Date established for Postdoctoral Fellowships is **no longer in use** by the VA system. Review of applications begins January 15, 2013 and continue until the two positions are filled. We will notify candidates if they are no longer under consideration or when all positions have been filled.

The Truman VA Psychology Postdoctoral Fellowship Program evaluates the following criteria when selecting applicants:

- Breadth and quality of prior general clinical or counseling training
- Quality of experience in the specific area of emphasis to which the applicant applies
- Quality and scope of research productivity
- Evidence of personal maturity and accomplishments
- A clear, thoughtful, and meaningful writing style in application materials
- Strength of letters of recommendation.
- Goodness of fit between the applicant's professional goals and program training objectives

### **Requirements for Application Submissions**

For **each** Fellowship track for which you wish to be considered for admission, please submit materials below:

- Cover letter, including statements about background experience with and interests in
  - ✓ PTSD; TBI; neuropsychology **or**
  - ✓ EBTs; Recovery Model and working with SMI population;  
**and**
  - ✓ How this training program would fit your long term career goals;
- Vita,
- Copy of graduate school transcript;
- Three (3) letters of recommendation
  - ✓ At least one from a therapy supervisor on internship
  - ✓ One from Graduate Training Director re: expected date of completion of dissertation (if not already completed);
- Two (2) professional writing samples (1 neuropsychology report if applying to the PTSD/TBI position)

**Application materials are due by January 15, 2013.**

Please be sure to include all application materials in one envelope. Materials mailed separately may not be reviewed in a timely manner.

**Applications and Inquiries should be directed to**

Martha Brownlee-Duffeck, Ph.D., ABPP  
Psychology Leader & Director of Training,  
Post-doctoral Program  
Behavioral Health Service Line,  
Harry S Truman Veteran's Hospital  
800 Hospital Drive, BHSL  
Columbia, Missouri 65201

[Martha.Brownlee-Duffeck@VA.gov](mailto:Martha.Brownlee-Duffeck@VA.gov)

Tel. 573-814-6486 FAX: 573-814-6493

## Truman VA Medical Center Fellowship Core TRAINING FACULTY

**Martha Brownlee-Duffeck, Ph.D., ABPP** (University of Missouri-Columbia, 1987) is the current Psychology Leader for the Behavioral Health Service Line at the Truman VAMC. She is certified by the American Board of Professional Psychology in Rehabilitation Psychology and holds adjunct positions as Clinical Assistant Professor in both the Department of Physical Medicine & Rehabilitation at the University of Missouri School of Medicine and the Department of Health Psychology in the University of Missouri School of Health Professions. Clinical interests include rehabilitation of persons with Traumatic Brain Injury (TBI), individual psychotherapy with persons with mild TBI and PTSD, individual therapy with Acceptance and Commitment Therapy (ACT) for persons with Depression and Mild Cognitive Impairment (MCI), neuropsychological assessment of medical patients. Research interests include Examining the Effectiveness of Cognitive Processing Therapy (CPT) for Veterans with co-morbid TBI & PTSD vs PTSD only; developing a modified CPT protocol for persons with co-morbid TBI; Expanding the work of using of Statistical Process Control (SPC) as an outcome measure in rehabilitation settings to psychotherapy outcomes as part of EBP. Leisure interests include reading, art and hiking.

**Alice Christensen, Ph.D.** (Vanderbilt University, 1982) is a clinical psychologist at the Truman VAMC, the former Director of Training of the Missouri Health Sciences Psychology Consortium, and a Clinical Assistant Professor of Psychiatry in the Department of Psychiatry at the University of Missouri. She has particular interests in the facilitation of the professional growth of psychologists, including the preparing psychologists for becoming supervisors. Dr. Christensen has nearly 20 years of clinical experience working on multi-disciplinary treatment teams and directly with Veterans with SMI, across inpatient and outpatient settings. In addition, she is particularly interested in family therapy and the assessment and treatment of affective disorders and post traumatic stress disorder. Research interests include the training of psychologists, and the efficacy of treatment of post traumatic stress disorder. Leisure interests include family, running and handicrafts.

**Janet M. Johnson, Ph.D.** (University of Wisconsin-Milwaukee, 2007) is the Evidence Based Practice (EBP) Coordinator for Behavioral Health and a staff psychologist with the Personal Recovery Program at Truman VAMC. Her role as EBP Coordinator is to support the facility in the implementation and sustainability of evidence-based psychotherapies. She provides individual, evidence-based therapy to veterans using Cognitive Behavioral Therapy, Dialectical Behavior Therapy (DBT), Acceptance and Commitment Therapy (ACT), and Cognitive Processing Therapy. Within the Personal Recovery Center, she also leads groups, such as an ACT and a DBT group. She completed her internship at the University of Maryland School of Medicine/VA Maryland Health Care System consortium and her post-doctoral fellowship at the Edith Nourse Rogers Memorial VA Hospital. Her past experience includes outpatient and inpatient

work with both children and adults in the areas of anxiety disorders, substance use disorders, serious mental illness, and dual diagnosis. Her leisure pursuits include jogging, painting, travel, eating very spicy food, and visiting archaeology and history museums.

**Grant O'Neal, Ph.D.** (University of Missouri, 1995) is a licensed psychologist and Leader of the PTSD clinical team. He has previously worked in various capacities within the mental health community including: therapist and group facilitator, Quality Improvement Director, Clinical Supervisor for mental health and substance abuse providers and Clinic Director for a community psychiatric rehabilitation program. His interests include: evidence-based treatments for anxiety and depression, mindfulness-based treatment, and practitioner resilience.

**Megan K. Null, Psy.D.** (Indiana State University, 2004) is a staff psychologist with the Behavioral Health Recovery Team at Truman VAMC. She provides individual and group services to both the outpatient and psychiatric inpatient units. She completed her internship at the Edward Hines Jr. VA in Chicago. She previously worked for over six years as an outpatient clinical psychologist at the Jesse Brown VA Medical Center in Chicago. Her work there involved being the psychologist for the Women's Health Clinic, as well as a member of a Supportive Care Team for Veterans with Psychotic Disorders. She was the first Military Sexual Trauma Coordinator for the hospital, and worked in that role, primarily in a clinical capacity, for the last 3 years. When not at work, she enjoys reading, playing the piano, travel, hiking and exploring Columbia.

**Zachary H. Osborn, Ph.D.** (University of Alabama at Birmingham, 2007) is a neuropsychologist at the Truman VAMC and serves as the Training Director for the Missouri Health Sciences Psychology Internship Consortium. He conducts neuropsychological evaluations, as well as triage and compensation and pension evaluations. He received his Master's Degree (Counseling Psychology) at Iowa State University and then specialized in neuropsychology in the Medical Psychology Doctoral program at the University of Alabama Birmingham (UAB). While at UAB, he worked in the areas of both pediatric and adult neuropsychology; including medical/genetic, rehabilitation, and athlete populations. Dr. Osborn has worked with athletes at all levels including professional football players. He completed his internship at the Missouri Health Sciences Psychology Consortium (MHSPC), working at both the Truman VAMC and for the UM-DHP. Dr. Osborn serves as an adjunct editor for a major psychology journal (Rehabilitation Psychology), reviewing studies involving TBI/mTBI. He has also given a number of invited talks to the Truman VAMC staff, state organizations, and VISN 15 on TBI/mTBI and psychological co-morbidities focusing on evaluations and treatments.

**W. Michael Palmer, Ph.D.** (University of Missouri-St. Louis, 2007) is a staff psychologist on the Behavioral Medicine and Health Psychology Services team at Truman VAMC. He is the assigned psychologist for the Home-Based Primary

Care (HBPC) program, and is a consultant to the Community Living Center (CLC) and Palliative Care Consultation Team. Dr. Palmer has had extensive specialty training in geropsychology and has previously worked with older adults in both inpatient and outpatient settings. His clinical and research interests cover a broad spectrum of issues germane to older adults, including late-life anxiety, medical and psychiatric comorbidity, acceptance-based interventions with older adults, and aging with developmental disabilities. Dr. Palmer supervises interns on the Geropsychology minor rotations. He is chair of the Truman VA Psychology Diversity committee, co-chair of the hospital's Dementia Care committee, and also serves on the Palliative Care committee.

**Karen Smarr, Ph.D.** (University of Missouri-Columbia, 2003) is a Research Psychologist performing Compensation and Pension Examinations, in addition to serving as the Research Compliance Officer (RCO) at Truman VAMC. She currently holds an academic appointment as a Clinical Assistant Professor in the Departments of Internal Medicine and Psychiatry at the University of Missouri-Columbia (MU). As the RCO, she works closely with the MU Institutional Review Board (IRB) and VA researchers involved in the conduct of human subject research. She serves as a member of the VA Central IRB (CIRB), responsible for review of multi-site studies funded by the VA. Her research interest is in the area of psychological adaptation with rheumatic diseases, specifically conducting studies of depression management, adaptation to chronic illness, cognitive-behavioral interventions, self-management, and e-health applications. She has been the Principal Investigator on a research project, funded by the National Institute on Disability and Rehabilitation Research, examining the effects of an empirically-validated, cognitive-behavioral self-management in rheumatoid arthritis delivered using an internet/telephone-supported approach. Her past clinical experience involved working as a staff psychologist on the Health Psychology Team with particular interests in coping with chronic illness, rehabilitation in geriatric populations, family issues related to health, and smoking cessation. Her current research work focuses on ensuring human subjects protection at Truman VAMC and nationally on the CIRB, as well as research compliance as she serves as a consultant to the Truman VAMC research oversight committee and its subcommittees.

## **Truman VA Psychology Faculty**

**Christopher D. Chuick, Ph.D.** (University of Iowa, 2009) is a staff psychologist at the Truman VAMC and a member of the PTSD Clinical Team. He completes evaluations for PTSD and conducts both individual and group psychotherapies focused on the treatment of PTSD. After earning his Master's Degree, he worked for five years in Minnesota as a Licensed Marriage and Family Therapist. He earned his doctorate in Counseling Psychology (University of Iowa) in the summer of 2009. His doctoral training emphasized the role masculine gender plays in coping and its role in men's experiences with mood disorders. Dr. Chuick completed his pre-doctoral internship at the South Texas Veterans Health Care

System in San Antonio, TX, where he gained experience with a multicultural veteran population addressing their PTSD symptoms. In his leisure time, Dr. Chuck enjoys reading, music, and participating in sports.

**Andrew J. Darchuk, Ph.D., L.P.** (Ohio University, 2007) is a clinical psychologist with the Behavioral Health Service Line at Truman VAMC. He works closely with the Posttraumatic Stress Clinical Team (PCT) and the Addiction Treatment (ATP) teams and has significant expertise in the assessment and treatment of dually-diagnosed individuals. Dr. Darchuk completed his predoctoral internship at the Hazelden Foundation and has considerable experience treating individuals with addictive disorders, serious and persistent mental illness, and mood disorders in outpatient, residential, and forensic settings. His clinical and research interests include men's issues in psychotherapy, anger management/emotion regulation, cognitive-behavioral approaches to addictions treatment, motivation in addiction recovery, psychotherapy process research, and psychosocial correlates of positive treatment outcome.

**Kathleen M. Darchuk, Ph.D., ABPP, L.P.** (Ohio University, 2007) is a clinical psychologist and Team Leader for Behavioral Medicine and Health Psychology Services at Truman VAMC. She conducts psychological evaluations for veterans with chronic pain and provides individual and group-based treatment to veterans with chronic pain and their families. Dr. Darchuk has extensive training in health psychology and chronic pain management. She completed a postdoctoral fellowship in Medical Psychology at the Mayo Clinic, where she specialized in chronic pain rehabilitation and primary care. Her research interests include cognitive and emotional processes that potentially serve as risk factors for the development and maintenance of chronic pain disorders, sociocultural and psychological factors that influence treatment outcomes for chronic pain disorders, and improvement of chronic pain treatment within primary care.

**Lisa Mitchell, Ph.D.** (Fuller Graduate School of Psychology, 2007) is a staff psychologist with the Major Mental Disorder Team. Dr. Mitchell completed her internship training at the Los Angeles VA, Downtown Clinic. Prior to internship, she trained at the Long Beach VA and UCLA's Neuropsychiatric Institute and USC's Alzheimer Disease Research Center. Her dissertation research focused on geriatric neuropsychology. Prior to attending graduate school, Dr. Mitchell worked as a Social Work Case Manager with the geriatric population. Current interest areas include Dialectical Behavior Therapy for the treatment of Borderline Personality, Acceptance and Commitment Therapy, and other Mindfulness-based therapies for the treatment of anxiety and depressive disorders.

**Randall E. Rogers, Ph.D.** (University of North Texas, 2005) is the Addictions Treatment Program Director at Truman VAMC. He earned a Ph.D. in Clinical Health Psychology from the University of North Texas and completed a NIDA-funded postdoctoral fellowship in behavioral pharmacology at the University of

Vermont. Dr. Rogers is interested in behavioral models of substance use/abuse and treatment, with particular emphasis on clinical applications such as contingency management interventions.

**Scott Sandstedt, Ph.D.** (University of Missouri, 2004) is a psychologist in the administrative position of Clinical Manager for the BHSL. He also serves as a Clinical Assistant Professor in the Department of Psychiatry and Neurology, University of Missouri. Clinical interests include facilitating patient access to appropriate Mental Health care, the treatment of addictions and dual diagnosis, assessment, and crisis intervention. Research interests include examining the efficacy of motivational interviewing and other cognitive-behavioral interventions within the treatment of substance abuse, smoking cessation, and dual diagnosis. Leisure interests include jogging, hiking, photography, and cooking and eating BBQ.

**Tiffany C. Sanford-Martens, Ph.D.** (University of Missouri-Columbia, 2003) is a staff psychologist at the Truman VAMC on the Behavioral Medicine and Neuropsychological Services (BMNS) team. Dr. Sanford-Martens completed her internship at the Milwaukee VA Medical Center and her postdoctoral fellowship with the University at Albany Counseling Center in Albany, New York. Prior to joining the TRUMAN VAMC in Columbia, Dr. Sanford-Martens worked as a full-time psychologist on the Spinal Cord Injury Unit at the VA Medical Center in Memphis. She has also worked in a private group practice in the Albany, NY area providing therapy to adults, adolescents, and couples. Her professional interests include health psychology, adjustment to chronic illness, and psychotherapy. Outside interests include watching college sports, going to concerts, reading, traveling, and spending time with family and friends.

## **Postdoctoral Fellowship "Research Mentor" Faculty**

**Nelson Cowan, Ph.D., Curators Professor, and Director, Brian Imaging Center, Department of Psychological Sciences, University of Missouri Columbia.** Dr. Cowan received his B.S. University of Michigan, 1973 and his Ph.D. from the University of Wisconsin, 1980. He attended a Postdoctoral Fellowship at NYU, 1981-82 and is currently Curators' Professor. Dr. Cowan has served as associate editor for two journals, has published 4 books, 44 book chapters and over 150 articles in peer reviewed journals. **Research Interests:** Working memory; How much can be held in working memory; How the amount in working memory can be measured; The role of selective attention in working memory; Life span development of working memory.

**Janet Farmer, PhD, ABPP, Professor, Department of Child Health, University of Missouri School of Medicine, Professor, Department of Health Psychology, and Director of Academic Programs at the Thompson Center for Autism and Neurodevelopmental Disorders at the University of Missouri Columbia.** Dr. Farmer received her bachelor's degree from the University of

Kansas and her doctorate in clinical psychology from the University of Missouri. She also completed her internship and post-doctoral fellowship at the University of Missouri, where she specialized in working with children and adults with chronic health conditions and disabilities. In 1991, she joined the faculty of the MU Department of Physical Medicine and Rehabilitation and the Department of Child Health in the School of Medicine. In 2001, Dr. Farmer participated in the development of the MU Department of Health Psychology in the School of Health Professions. She has earned a diplomate in rehabilitation psychology from the American Board of Professional Psychology and is a fellow of the American Psychological Association. She was appointed to the Missouri Commission on Autism in 2008 and re-appointed by Governor Jay Nixon in April 2009. Dr. Farmer has received grant funding from the Robert Wood Johnson Foundation, the National Institute on Disability and Rehabilitation Research, National Institutes of Health/National Institute on Deafness and other Communication Disorders, the federal Maternal and Child Health Bureau, the Office for the Advancement of Telehealth and the Missouri Foundation for Health. She is also serving as associate editor from 2006-11 of the Journal of Rehabilitation Psychology. **Research Interests:** Children with chronic health conditions and disabilities, including autism; Interventions that promote healthy child development and improve each family's quality of life, through advances in health service delivery and public policy.

**Kris Hagglund PhD, ABPP, Professor of Health Psychology, Professor Public Affairs; Associate Dean of the School of Health Professions and Director of the Master of Public Health program, University of Missouri.** Dr. Hagglund was a 2000-2001 Robert Wood Johnson Health Policy Fellow in the Washington, D.C. office of Senator Tom Harkin (D-IA), where he worked principally for the U.S. Senate Health, Education, Labor, and Pensions Committee on legislation addressing patients' rights, mental health parity, rural health care, the health professions workforce, community health centers, and the National Health Service Corps. Dr. Hagglund was President of the Division of Rehabilitation Psychology of the American Psychological Association in 2003-2004. He was a member of the Institute of Medicine's 2005-2006 Committee on Improving the Disability Decision Process. **Research Interests:** Dr. Hagglund has published 58 peer-reviewed articles and 11 book chapters addressing health policy, disability, and rehabilitation. His current projects include a contract with Health Literacy Missouri to improve health literacy in the state. His recent publications address health policies and services for persons with traumatic brain injury, financing and delivery of personal assistant services, health and rehabilitation policy, and the effect of new media on health care. In 2006, he co-edited the book Handbook of Applied Disability and Rehabilitation Research with Allen Heinemann, PhD. His previous research explored access to health care for persons with arthritis and community integration among persons with spinal cord injury. He was the Principal Investigator of the Missouri Model Spinal Cord Injury System from 1995 to 2004.

**Kristen M. Hawley, Ph.D., Assistant Professor, Department of Psychological Sciences, University of Missouri Columbia.** Dr. Hawley earned her bachelor's degree from the University of Missouri and her M.A. and Ph.D. from the University of California, Los Angeles. Her graduate work at UCLA focused on practice-based interventions research and she completed postdoctoral training in youth mental health services research at San Diego State University, San Diego Children's Hospital and the NIMH-funded Child and Adolescent Services Research Center. **Research Interests:** Youth Mental Health Services and Interventions: moderators of treatment engagement and outcome, therapeutic change processes, core components of effective interventions; Dissemination and Implementation of Evidence-Based Practices: provider training and application of research-supported assessment and treatment, streamlining and enhancing research-supported therapies for clinical practice

**John G. Kerns, Ph.D., Associate Professor, Director, Cognitive and Emotional Control Laboratory, Department of Psychological Sciences, University of Missouri Columbia.**

Dr. Kerns received his B. S. Psychology, Summa Cum Laude, University of Dayton in 1993 and his Ph.D. Clinical Psychology, University of Illinois at Urbana-Champaign in 2001. He completed a Postdoctoral Fellowship, University of Pittsburgh, Department of Psychiatry from 2001-2003 in Clinical Cognitive Neuroscience. **Research Interests:** The psychological and neural basis of cognitive and emotional control and their role in the development of schizophrenia (including fMRI studies) and its symptoms (e.g., disorganized speech, negative symptoms), and treatment of cognitive and neural deficits in schizophrenia.

**Rebecca Johnson, Ph.D.,** Dr. Rebecca Johnson, PhD, RN, FAAN, is the Millsap Professor of Gerontological Nursing and Public Policy at the MU Sinclair School of Nursing, an associate professor in the Department of Veterinary Medicine and Surgery, in the College of Veterinary Medicine, and is Director of the Research Center on Human Animal Interaction (ReCHAI). Johnson's gerontological research focuses on housing transitions and ways to promote healthy physical activity among older adults. She is widely known for her research on relocation of older adults. Her work in the area of the health benefits of human-companion animal interaction aim to facilitate well-being for humans and animals. She is the incoming President of the International Association of Human Animal Interaction Organizations, and serves on the Executive Boards of the Delta Society (the premier source for training and registration of "Pet Partner" teams, and the International Society for Anthrozoology (ISAZ). In 2009 ReCHAI hosted the 18th Annual ISAZ Conference and the 1st ReCHAI Human Animal Interaction Conference. In 2000, in conjunction with VET ONE, an organization dedicated to promoting the human/animal bond, she joined a delegation to meet with the U.S. Surgeon General David Satcher to acquaint him with research on the role of animals in promoting human health and well being. Johnson joined the University

of Missouri faculty in August 1999. Dr. Johnson is currently grant funded to examine the impact of Veterans training shelter dogs as service animals.

**Matthew Martens, Ph.D.**, Dr. Martens graduated from the University of Missouri-Columbia in 2002. Since then he has had faculty appointments at two Counseling Psychology programs, the University at Albany-SUNY and the University of Memphis, before joining the faculty at Missouri in the fall of 2009. Dr. Martens' primary research interest is in the area of health psychology, particularly addictive behaviors. Over the past several years most of his work has involved testing the effectiveness of various Motivational Interviewing-based brief interventions aimed at reducing heavy drinking among college students. He has received funding as either a PI or Co-PI from agencies such as the National Institute of Health (NIH), US Department of Education, Substance Abuse and Mental Health Services Administration, and the Alcohol Beverage Medical Research Foundation to support these efforts. He also continues study topics in the substance abuse area such as protective behavioral strategies, drinking motives, and personality-related risks. He currently has a grant from NIH where he is examining the effectiveness of a brief behavioral intervention aimed at reducing heavy drinking among at-risk college students. Dr. Martens is also collaborating with VA faculty to examine interventions for Veterans in treatment through the Substance Abuse Treatment Program at the Truman VAMC .

**Kenneth J Sher, Ph.D., Curators Professor, and Director, Alcohol, Health, and Behavior Laboratory, (funded by NIAAA), Department of Psychological Sciences, University of Missouri Columbia.** Dr. Sher has established an inspiring international reputation as a premier authority in the area of drug and alcohol abuse research, making contributions that will forever change the way researchers approach the subject. He is unique among clinical psychologists in being equally comfortable with behavior genetic, psychophysiological, neuropsychological and psychosocial methods and models. Dr. Sher was appointed Curators' Professor of Psychological Services at the University of Missouri-Columbia in 2000, was the Middlebush Professor of Psychology from 1997-2000 and received the Chancellor's Award for outstanding faculty research and creativity in the behavioral sciences in 1992. **Research Interests:** Dr. Sher has published approximately 170 scholarly publications and more than 130 articles in the premier journals in his field. He is the recipient of numerous federal grants, including the prestigious MERIT award, for a total of more than \$13 million. His research has been federally funded without interruption since 1983. He recently received the American Psychological Association's Division on Addictions Distinguished Scientific Contributions Award. This peer-nominated award recognizes Dr. Sher for his wide-ranging research during the past two decades. The award considers the whole body of Dr. Sher's research, teaching and service. The first major theme in Dr. Sher's research dealt with individual differences in the effects of alcohol. Another theme was understanding the risk/protection mechanisms involved in intergenerational transmission of alcoholism. He has also studied alcohol-related comorbidity (e.g., alcohol

dependence and anxiety disorders; Most recently, with the goal of understanding the use of alcohol and its disorders over the lifespan of an individual.

**Timothy Trull, Ph.D., Professor, and Director, Personality and Emotion Laboratory, Co-Director, DBT Program, Department of Psychological Sciences, University of Missouri Columbia.** Dr. Trull received his B.A. in 1982, from Baylor University, Waco, Texas and his Ph.D. in Clinical Psychology in 1988, from the University of Kentucky, Lexington.  
 Research Interests: diagnosis and classification of mental disorders, personality disorders (particularly borderline personality disorder), substance use disorders, psychometrics and clinical assessment, the relationship between personality and psychopathology, professional issues in

## ***Trainees***

### ***2012-2013 Fellowship Class***

**Tamara Woods, Ph.D.**

Iowa City Veterans Hospital Internship  
 University of Iowa, Iowa City

**Philip Dang, Psy.D.**

Colorado Mental Health Institute at Fort Logan  
 University of La Verne, La Verne, CA

### ***2011-2012 Fellowship Class***

**Nathan Frise, Ph.D.**—Staff Psychologist, Chillicothe Veterans Hospital

Iowa City Veterans Hospital Internship  
 George Fox University, Newburg Oregon

**Jocelyn Abanes, J.D., Psy.D.**---Staff Psychologist, Truman VA Medical Center

Oklahoma University Health Sciences Center/VAMC Internship  
 Argosy University Hawaii, Honolulu

### ***2010-2011 Fellowship Class***

**Leigh Ann Randa, Ph.D.**—Staff Psychologist, Iowa City Veterans Hospital

Iowa City Veterans Hospital Internship  
 Seattle Pacific University, Seattle, Washington

### ***2009-2010 Fellowship Class***

**Laura Gambone, Ph.D.**-- PTSD/SUD Specialist, Arkansas Veterans Hospital

Cincinnati Veterans Affairs Medical Center Internship;  
 University of South Carolina, Columbia, South Carolina

### ***2008-2009 Fellowship Class***

**Emily Crawford, Ph.D.** – Clinical Staff Psychologist, Burrell Behavioral Health

Center; Graduate Faculty, Stephen's College, Columbia, Missouri  
 Missouri Health Sciences Internship Consortium;  
 Miami University, Oxford, Ohio